

# Support our Community by shopping locally

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Women's Refuge 0800 REFUGE (733 843)

For emergencies ring 111, North Canterbury Police 105

Lifeline 0800 543 354, Youthline 0800 376 633 or text HELP (4357) for free, 24/7, confidential support.



#### Hanmer 0274 337 985

Christchurch, Hanmer Springs, Kaikoura, Cheviot, Waiau, Rotherham, Waikari, Waipara Amberley, Rangiora, Greta Valley, Culverden

**This week's cover:** 1950's background aerial of village with hand-recoloured photo of 1937 Hanmer Dance Band L to R – F Mighbow, R Simpson, Ron Carson, WJ Key

#### If it was good enough for 1937...

Just like the old days, enjoying live music performances can elevate mood, decrease blood pressure, and create feelings of well-being among many other physical and emotional benefits.

**Stress Reduction and Heart Health** — A study showed people attending live concerts experience decreased production of cortisol, a stress hormone. Decreased cortisol results in lowered stress, blood pressure, heart & respiratory rates.

**Pain Reduction** — Live performances are powerful in reducing the perception of pain, due to the release of the neurochemicals endorphin and dopamine. These neurochemicals reduce pain and stimulate overall feelings of positivity and happiness.

**Inclusion** — Being a part of something is strongly tied to feelings of happiness and purpose. Whether it's a sing-along, or simply joining in with the applause, being a part of the performance offers a sense of belonging.

**Sensory Input & Stimulation** – Live shows provide more than listening to recorded music. Sounds and sights contribute to the overall sensory experience, which has been shown to help with memory, recall, & mood.

**Novelty** — Daily routine benefits from novelty. Music performances are just the thing to shake up your routine — in a good way!

Now that you know some of the benefits of live music, why not make a point to check out the talent playing in the Village. We regularly have amazing local and national acts coming through, and our audience numbers have dropped a bit since those heady dance band days of 1937. Better audience numbers will lead to a wider variety of performances being made available.



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#### **CONTACT**

While Richard is taking a well-earned break, Barrie Clubb is sitting in as relief editor. If you have something for The Pinkie please email Barrie at

hsvillagenews@xtra.co.nz

#### **Deadline for material**

(including Advertising) is midday Sunday if the space is pre-booked, otherwise Friday 5pm

Opinions expressed herein are not necessarily those of the editor or publisher



## Hanmer Bowls Cones Fundraiser

Large, Open, Clean cones for sale — Great Fire Starters \$10 a Large Bag — Contact Janet on:

027 221 0653 or janet.messervy.hanmer@gmail.com



59 Jacks Pass Rd, Hanmer Springs 03 315 7503 reception@hanmermc.co.nz Clinic Hours: Monday-Friday 9am – 12.30pm & 2.00pm – 4.30pm

#### **VISITING PROFESSIONALS**

Plunket – Claire – second Monday of every Month Podiatrist – 16th June 2023



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   at Waitaha on 021 849 950 or email

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#### CASUAL CLEANER EXTRAORDINAIRE REQUIRED!

The Health Centre is looking for an additional cleaner to support our team. The position is casual and would require stepping in at short notice to cover sickness and annual leave.

Please call the

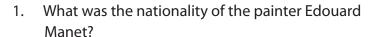
#### **Health Centre 03 315 7503**

and talk to our Practice Manager for more information.

If you call our clinic phone out of hours, your call is always answered by a registered nurse who will assess your needs, offer advice or, if required, pass the call to our on—call clinician. It can take several minutes to answer the phone so please be patient and hold, and follow the voice prompts carefully.

**IN AN EMERGENCY DIAL 111** 





- 2. In which area of the arts was Clarice Cliff well known?
- 3. American Annie Leibovitz was famous as what?
- 4. Rene Lalique worked with which medium?
- 5. According to the verse, Tuesday's child is what?
- 6. By what two word title was Benito Mussolini known?
- 7. In Indian cuisine, what is the term for clarified butter?
- 8. The city of Basra is in which country??
- 9. Which French word translates as a friendly understanding between states?
- 10. What Latin word is used to classify musical works in order of publication?
- 11. What device marks time for musicians?
- 12. In the opera The Barber of Seville what is the name of the title character?
- 13. What is the other name for the musical instrument known as timpani?
- 14. Which Arabian Nights character says "Open Sesame"?
- 15. Which Russian craftsman was known for his jewelled Easter eggs?
- 16. What name is given to a small barrel, usually containing less than ten gallons (45 litres)?
- 17. Where is the famous Greek oracle site?
- 18. 'Shanks's pony' refers to which method of transport?
- 19. What is the musical term for "very loud"?



- 20. Pecorino is an Italian cheese made from the milk of which animal?
- 21. The largest variety of beetle is named after which biblical character?
- 22. Mr Tambourine Man was written by which singer/songwriter?
- 23. What is the milky liquid obtained from the rubber tree called?
- 24. Mark Twain called it "a cabbage with a college education. What is it?
- 25. Its Latin name is Allium Cepa. What is it?
- 26. Where did the dish tempura originate?
- 27. As the name translates what type of Italian pasta is shaped like an ear?
- 28. In which classic sitcom/comedy did Connie Booth play the part of Polly?
- 29. Eva Peron was the first lady of which country?
- 30. It is also called a "lent lily" and is a symbol of Wales?



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#### TRIVIA ANSWERS

1. French 2. Ceramics 3. A photographer 4. Glass 5. Full of grace 6. Il Duce 7. Ghee 8. Irag 9. Entente 10. Opus

11. Metronome 12. Figaro 13. Kettledrum 14. Ali Baba

15. Faberge 16. A keg 17. Delphi 18. Walking 19. Fortissimo

20. Sheep 21. Goliath 22. Bob Dylan 23. Latex

24. A cauliflower 25. An onion 26. Portugal (missionaries took it to Japan) 27. Orecchiette 28. Fawlty Towers 29. Aregentina 30. Daffodil





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Chris will be away until the 5th of July For appointments ph Corry on

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#### How good is your Golf swing?

#### It's All In the Hands

If you are on the range this weekend, ask a few golfers about their least favourite area of the game to practice. The answer is almost always the grip. The grip is just a boring thing to practice. It's not nearly as exciting as trying a new takeaway that is bound to lead to better ball flight and distance. Here's the crazy thing. The grip can be the ONLY thing you need to work on. Yes, that's right, for some golfers, a poor grip causes all the other issues in their game.

Try to use a neutral grip position. The neutral position will ensure your shots do not go too far left or right. At times you may need to alter the grip slightly to fix a certain type of shot, but you should have a neutral and relatively loose grip at all times. Pay close attention to grip pressure. Too loose can cause instability at impact; too tight will end up restricting movement and likely costing you some power.

#### **Clubface Angle is What Causes the Problems**

If you hit a slice, your golf club face was open at impact. Your golf club face was closed at impact if you hit a hook. Of course, you will need to do a bit more work to figure out what causes this clubface angle, but understanding what causes missed shots is crucial. So many players have the idea that their over-the-top swing or their lack of follow-through causes these poor shots when that is just not the case. See if you can move through a few swings in slow motion to see why the clubface angle is not correct at impact. Sometimes, you can feel it almost instantly.

#### Left Hand Needs to Be in Charge

For a right-handed player, the left hand needs to be in charge. If you feel as though your right hand is taking over in the swing, it's best to stop it. Not only is this important in the full swing it's also incredibly important in the short game. For chipping and putting your left hand needs to lead the way. Some handsy golfers get their right hand involved in some shots, but it's very hard to stay consistent throughout your entire round. Take some practice swings where just the left hand is on the club. Then put the right hand on and see the difference in the feel. The right hand is on for the ride.

#### **Pay Attention to Wrist Movement and Angles**

The role of the wrists in the swing is often misunderstood by amateurs. Your wrist angles directly impact the clubface angles. If you have poor wrist movement from the start of your swing, it becomes very difficult to recover at some point and save the shot.

#### **Learn to Compress the Ball**

Want to get the ball up a little higher in the air? You must hit down and through it. One of the most common golf swing mistakes is putting too much weight on the right side (right-handed player) at setup making it very hard to get it all back to the left side for a clean impact. Overall compressing the golf ball is easiest to learn when chipping. Take a narrow stance, choke down on the club a bit, and then lean a little on your left side before you take the club back. When you strike the ball, make sure you still have some weight on that left side and are ready to strike the ball cleanly. Accelerate through the ball, keep the right hand out of it, and see if the chip goes a little higher and straighter. Eventually, you will want to do the same exact thing with your full swing iron shots.

#### **Play with Stance Positions**

Many golfers force a "textbook" stance when it doesn't really work for their bodies. Ultimately you have to feel comfortable standing over the golf ball. If you don't feel comfortable, the results will not be there. Take a session to experiment with stance positions. Start with feet shoulder-width apart, weight balanced, feet square, and clubface square. Hit some shots from this position and see what the results are like. Once you have a baseline, start playing around with different positions. Only change one small thing at a time. For instance, if you want to try what would happen with a narrow stance, only change that feature of your setup.

#### There is More than One Correct Swing

There are lots of ways to swing a club and still be a great player. Even professional golfers have swing issues because they all have unique motions in their swing. But we can all agree that certain features must remain the same. Don't force yourself to learn a swing method that just doesn't make sense or feel comfortable; there is no benefit in it for you.

#### **Don't Take it Easy**

One of the things most detrimental to golfers is when they stop accelerating through the ball. Sure, you can swing within your means and not be falling over at impact. You may not want to take the club back so fast that it throws you out of balance. However, if you try to slow the club down as you move through impact, you will more than likely hit behind the ball. Learn to improve your balance and have a better tempo in your swing, but never stop going after the ball. Arnold Palmer got the tip "hit it hard" when he was a kid. It worked out pretty good for him. Going after the ball and accelerating to a full finish will help you become a better player.

#### Listen to Your Brain, Not Your Ego

Golf course conditions can get difficult. Heavy rain making it slow and wet - or blowing a gale. The key is to make it easier on yourself when course conditions are difficult. Let's take a day when it is incredibly windy. You normally hit a 9 iron 120 yards, and you just hit a shot that only went 100. This is good info to have. The next time you have a 120 yard shot, you will need your 7 iron.

#### **Never Swing Unless You Have a Specific Target**

How many times have you stood over a ball and just tried to hit it straight? Hitting it straight is a good goal, but ultimately without a target, you are making things really difficult on yourself. All golf shots need a specific target. The "green" or the "fairway" is not specific enough — it leaves too much room for error.

#### The Ground is Your Friend

Yes, your legs are powerful, but they generate their power by using the ground below them. This is important to remember. One of the best ways to work on your use of the ground during your swing is to check where your

weight is at setup and then where it transitions after setup. The golfers that are able to get the most power are those that keep their weight centred in their feet.



#### Recent Trip Around Australia by Pita Alexander and Nikki Smith — Like Many Other Kiwis, Our First Holiday Break For Three Years Due To Covid Issues Key issues:

- Travelled right around the outside of Australia 15,014 kilometres (all sealed roads).
- Shared the driving two camera traffic fines on the first days as we were getting the hang of the rental vehicle – my fault (10km/h over).
- Stopped driving at 4.30pm each day to ensure we could get a motel or had to drive on to the next town.
- Rental vehicle: Mitsubishi Pajero Sport 4 x 4 (diesel).
- Average distance: 556 kilometres per day.
- Lots of stops for tea / coffee / food, and scenic (took binoculars).
- Motel costs varied from \$80 to \$249 (average around \$160-\$175).
- Diesel cost varied from 190 cents per litre to 248.5 cents per litre (no road tax in Australia).
- In the Northern Territories and the Nullarbor, there were often gaps of 150-200 kilometres between road houses / garages – we worked on keeping the fuel tank half full all the time.
- Road signs good coffee good in the main, even in the outback.

#### What did we learn:

- Much more expensive to travel than four years ago.
- Any drop in overall personal spending by Australian people not very noticeable.
- Population of Australia: 26,338,584 (5 times more than New Zealand).
- Population of New Zealand: 5,151,600.
- Australian land area: 7.688 million square kilometres (28.7 times bigger than New Zealand).
- New Zealand land area: 0.268 million square kilometres.
- Largest Cities Population Overall Annual Rainfall (in millimetres)

Melbourne	5,235,000	649
Sydney	5,121,000	1,175
Brisbane	2,505,000	1,149
Perth	2,118,000	790
Adelaide	1,367,000	437

- Population of Auckland: 1,673,000 (average rainfall 1,929 mm)
- Highest average rainfall in Australia is Tully in Queensland at 4,600 mm (New Zealand: Milford Sound, 6,813 mm).
- Lowest average rainfall in Australia is Coober Pedy at 159 mm (New Zealand: I think Cromwell at 396 mm).
- Average annual temperature in Australia from 1901 to 2021 was: 21.58°C, or 70.84°F.
- Average temperature in New Zealand from 1909 to 2019 was: 12.33°C, or 54.19°F.
- While in the northern part of Australia the average daily temperature was 31°C to 33°C — a few months earlier these figures would have been a little higher — the highest we struck was 37°C (98.6°F) at Daly Waters in the Northern Territory.
- It is generally considered that temperatures above 35°C (95°F) for any length of time are unworkable for humans

   we struck parts of northern Australia where they start work at 6.00am and finish at 2.00-3.00pm to cope with the heat when working outside.
- Health and Safety now insist on helmets and heavy protective clothing that, at 31°C-33°C, were causing real heat pressure — a number of people working outside in northern Australia mentioned this to us.
- In simple terms, we found the northern Australian heat would be too much for us for any length of time, but southern Australia was workable, although air conditioners really were essential everywhere.
- On the roads, the key work-related vehicles were overwhelmingly Toyota.
- In all of the northern Australian towns we went through, we found almost no Aboriginal people in work — they do not seem to have integrated well in these towns — in their own settlements, often long distances from these towns, we were told that they maintain their own lifestyle and culture. The Australian Government has been throwing

money at this issue for many years, but it has not worked.

- The New Zealand/Australia exchange rate for our trip was: NZ\$1 purchased AU\$0.93 — in other words, there is an extra 7.5% cost increase with everything relative to the present NZ dollar.
- The Australian road trains involve:
  - Around 72 wheels (the highest Pita counted)
  - 55-60 metres long
  - Travel enormous distances each day
  - Must not drive for more than 14 out of every 24 hours (regulations)
  - All have sleep compartments.
- Australia still has approximately 78.75 million sheep the wet-ish summer has meant that there is a sound feed position.
- A wet summer in Australia often means an increased fire risk in the following year.
- Australia has approximately 28.8 million beef cattle and 2.5 million dairy cattle.
- New Zealand has approximately 25.3 million sheep, 6.1 million dairy cattle and 3.9 million beef cattle.
- Road speed restrictions are broadly similar to New Zealand, except that in the Northern Territories it is 130km/h, and much of Western Australia is 110km/h.
- We had a policy of changing drivers around every two hours and not driving in the dark — Australia does not have the same twilight period as New Zealand.
- Cell phone coverage is now almost everywhere, but one needs to stand still in some places.
- Much fewer hay barns than New Zealand more all-grass wintering.
- Few old cars.
- Some Australian pubs are well renovated cold beer is treated as food in the Northern Territories.
- A lot of trees left in paddocks for shade for stock.
- · Beehives less evident than in New Zealand.
- The Australian Central Bank OCR (Official Cash Rate), at the time we were there, was 3.85%, with NZ at 5.25% — New Zealand is 36% higher as at 7 May 2023.
- Australian house prices/values may have already bottomed or be close to it.
- 30% of the Australian people are house renters similar figure to New Zealand.
- Australian people most affected by inflation, cost of living and interest rates are in their thirties and forties probably the same for New Zealand.
- A pensioner who is renting is under real financial pressure

   again this would be similar to New Zealand.
- Australia has the same lack of housing supply issue as New Zealand — constant media comment, just like in New Zealand.
- When did immigration first start in Australia: in the year 1788 – from 1788 to 1860 Britain transferred 160,000 convicts (so called) to Australia. After 1945, Australia accepted immigrants from 30 European countries – since 1945, 7.5 million people from worldwide have emigrated to Australia.
- It is estimated that 400,000 immigrants will come into Australia in 2023 – at an average of 2.50 people per house, this means that 160,000 new homes will be required – whether owned or rented.
- How many Aboriginal people are there in Australia in 2023: approximately 900,000 (approximately 3.42% of the total population).

# Pita spoke at length with a road train driver in Daly Waters (Northern Territories), the key points of interest being:

- He had been a driver for some seven years, between Darwin and Adelaide.
- He owned a house in Adelaide (wife and two children).
- Road train and three big trailers (60 m) overall value he estimated at \$1,300,000 he was an employee.
- His job involved driving constantly between Darwin and Adelaide.
- Main role was full, very heavy loads from Darwin to Adelaide – with often a light back load.
- Road distance between Darwin and Adelaide: 3,027 kilometres.

- He drove this route, which one way took three days and averaged 1,000 kilometres per day.
- If a backload was available, he spent one day in Adelaide and returned immediately to Darwin with it.
- His salary was AU\$2,300 per week approximately \$120,00 per year, but was, in his words, "on the rise".
- He complained bitterly about the tax he paid, of apparently around 35%-40%.
- His road train had 72 tyres he said tyre blowouts were every so often, but he could change any tyre, even inside ones, within 15-30 minutes.
- He liked the Northern Territory "wet" period from October to February each year because normal traffic could not cope with the flooding, whereas he could cope with anything up to about 1.5 metres deep.

#### Pita also spoke at length to a roadhouse owner in the Northern Territories with the key issues being:

- He has owned the roadhouse for 14 years.
- A major problem was no electricity such that he had a large diesel generator running 24/7 at quite a high cost.
- The major problem though was finding a chef and keeping him or her for at least a 3-6 month period — currently he was paying his chef \$78 per hour (around \$160,000 per year) with the chef having no accommodation or food costs.
- He had four motel units and, by the look of it, some 20 caravan sites.
- He said a tradesman's callout was around \$150 from Mt Isa before any work commenced so he had to become able to fix almost anything — the nearest big town (Mt Isa) approximately was 200 km away.
- The town had a pub and a café, and a population, he thought, of around 40 people.
- He didn't know his gross income, but his income "mix" was:
  - Motels Caravans - Petrol - Diesel
  - A small gift section Vehicle parts, etc.
  - Towing breakdowns Repairing tyres.
- Breakfasts / lunch / dinner Café tea, coffee, etc

Pita felt thought that the whole exercise was almost certainly soundly profitable to have spent 14 years at it.

- In many ways Australia has the same issues as New Zealand regarding housing, cost of living, interest rates, immigration, Government needing more income, climate change, inequality of income and inequality of net assets.
- We thought the two best newspapers were The Age and The Australian. Our credit cards worked well, but Pita could not retrieve his cellphone messages until he got home.
- All in all, we only struck areas in southwest Australia (near Margaret River), and several areas along the Murray River in Victoria, that looked appealing to work in and live in — New Zealand is very hard to beat on most of these sorts of issues.
- The Murray River is a great scenic drive with the river providing a lot of farm irrigation water — it flooded badly approximately six months earlier. Quite a bit of the irrigation is by border dyke. Along the river though if you don't have water rights, the land reverts to native very quickly from a farming perspective.
- All in all a great trip, with the key issues being:
  - (1) It is getting expensive to travel anywhere today.
  - (2) Australia intends to bring in 700,000 immigrants over the next two years.
  - (3) Any reduction in everyday personal expenditure was not noticeable amongst the Australian population.
  - (4) Their house prices, I felt, were close to bottom.
  - (5) Australia is a growing market for New Zealand it will have 30 million people within 10 years.
  - (6) Mining is a major resource.
  - (7) Climate plays a major role (fires, floods, heat, work).





#### Sadly we note the passing of an old personal friend and a great friend of Hanmer Springs in Lynn Lunn. I am light on the details, times and dates since the news reached me here in Vietnam the morning she passed away in Rangiora, so much of this is personal recollection and I hope her extended family will forgive me for what is omitted.

Lynn came to Hanmer as a teenager with the same indomitable spirit that remained with her until her passing. Memories are of Lynn running the golf club for years and subsequently serving behind the counter at the Four Square and both these places a chat was compulsory and while Lynn was never short of an opinion she was equally willing to hear yours.

# Farewell to A Much Loved Old Friend



Perhaps the major memory was her loving soul, she was a friend to all and was never happier than when she was helping her family and anybody she felt was in need. And she was truly Santa's little helper, always riding with him in the parade and never seemed happier than when they dished out the presents to the kids.

# Lynn, you were truly lovable and truly loved

The family of Lynn Lunn will be having a service for Lynn

# Celebration of Life

AT THE

## Hanmer Springs Golf Club

NC

Wednesday the 7th June at 12 pm.

The family welcome anyone that would love to join in this celebration of Lynn's life. Following the service there will be an afternoon Tea, in which the family would love for you to reflect on her life and share your stories among her friends of the times spent with her.



# Hanmer Springs Market

A few personal observations. I would like to start a discussion and look forward to contributions from residents, visitors, and retailers. In fact, anyone with an interest in the greatest little village in Aotearoa.

I love our little market on a Saturday morning. And a huge thank you to the stall holders and organiser's, especially Charlotte Baldwin, who regularly brave the elements to bring us all such wonderful goodies.

Lyttelton Market had humble beginnings on a rough, old, little used, grassed area. With high retaining walls all round there was no sun and it was a huge earthquake risk. After the earthquake it moved to the cramped school playground. Eventually sensibility prevailed and the market moved to the natural and obvious place. The middle of the main street, London Street. The market grew and grew and thrived. The local businesses benefited from the huge numbers of shoppers. It was a resounding success all round and continues to bustle as the busiest and best market in Christchurch.

I can't help but think that our market would be amazing if it ran through the middle of Conical Hill Road from Jollies Pass Road, up to the Hanmer Hotel and beyond if it got bigger. Rutherford Crescent and Chisholm Crescent would allow traffic movements around the village. Road closure

for a few hours on Saturday would make the center of our village safer and I am sure the atmosphere would be enhanced. The Village Green and the Lodge Reserve could host buskers, dancers, sports teams, sausage sizzle fundraisers, fire performers, Kapa Haka and more.

I welcome your opinions both for and against and am happy to publish the pros and cons. I have heard many people in favour of this idea but have never heard any negative comments. So let the debate roll.

While we are talking about roads, I notice debate about the raised crossings by the Log Cabin and Monteiths. For me anything that's slows the traffic through our village is to be commended. I have also received comments about the speed limits and the positioning of the 30 kmh speed limit signs. Your views are important please let me know if you think there are points of concern.

And overnight, Saturday 3rd June, some idiots (I would like to use stronger language, but this is a family paper) have smashed road signs around the village. Why oh why would you smash road signs. They are for information and warning, not toys to be smashed. I am so glad we have so many cameras around the village. Being caught is not an option it's a certainty.

Good on Dr John organizing a garage sale to raise funds for the Morris Dancers. Later in the year Hanmer will host hundreds of Morris Dancers from around the country. It will be spectacular and a huge festival of fun and dancing. We must plan for a great time.

I hope you enjoyed your holiday weekend.

Councillor Tom Davies
Tom.Davies@hurunui.govt.nz





# Hanmer Springs School Pinkie Report Term 2 Week 6

Journalists - Amelia Saric, Sharnie Inglis, Amelia Nelson, Kiara Bratschi, Charlie Bryant



#### Extending sentences.

The Year 3/4 students in Korimako class have been writing sentences about Daisy the great white shark who has lost her tracker. Nobody knows where she is now, so we wanted to write sentences that were exciting for ourselves and others to read about where she could be and what she might be doing! We learnt about parts of a sentence and colour coded them to help us

see the different sentence parts. We used red for the 'who' or subject of the sentence, green for the 'do' or the verb phrase and yellow phrases to add detail like where, when or how. We learnt you can make exciting sentences by changing where the phrase in the sentence goes and that if the phrase is at the front you will need to include a comma. We are really proud of what we have written.

Thrashing wildly, Daisy the great white shark washed up on a beach today at 12.30pm.

Sunday morning, the tracker fell off Daisy the great white shark.

Like a grenade, Daisy the great white shark crashed into a boat today!

Daisy the great white shark smashed a boat to pieces, as she swam like a torpedo, into the bay.

With her jaws, Daisy the great white shark chomped on a boat yesterday morning.

Fierce and wiggly, Daisy the great white shark smashed a ginormous boat yesterday afternoon.

Yesterday evening when the moon just came out, Daisy the great white shark attacked a dolphin like a torpedo.

Like a torpedo, Daisy the great white shark swam into the bay yesterday.

Today, Daisy the great white shark attacked a rainbow jet ski.

#### Scholastic 'Bookaneer' Book Fair.

Arrrr ahoy there me hearties! Our Bookaneer book fair is almost upon us! Thanks to Pirate Paulger for going above and beyond and to all the other Pirate Parents for coming on board with this event.

We have our school Book Fair starting on Tuesday 6th June. On Thursday 8th June we are holding a Book Character Day where we will be dressing up as our favourite character from a book. We are looking forward to a fun week with lots of reading and a fun dress up day - can't wait to see all the costumes.



#### Des Hunt writing.

After being inspired by Des Hunt in his writing presentation and workshop some of the Y7&8s have been creating opening sentences and paragraphs which hook the reader into the story and make them want to read more. They have been thinking about using 'showing and not telling' to keep their writing interesting and engaging for the reader.

#### Dead River by Amelia S.

The main street was abandoned. The only movement was an old man sitting under the roof of an old bar smoking a pipe. A breath of wind rustled the dead leaves. Dead River was a place you wouldn't go on a holiday. People only come for dirty work; to talk about smuggling, drugs and alcohol across the border. My mother didn't think of it like that. She saw Dead River as a great family town with no crime activity. I don't know what was in her head at that time, but it certainly wasn't good.

Bang! I screamed as my mother's favourite vase fell off the mantelpiece. Mother stormed into the room like a tornado!

"What are you doing?" she howled. "And what is my favourite vase doing in a million pieces?" "Well," I stuttered, "we were playing catch with the tennis ball and Max threw it too hard. It hit your vase that smashed into a million pieces."

She gave us a death stare.

- "Well both of you get the dustpan and brush and clean it up," she said as she walked away. "Briar."
- "Yes Max?"
- "I don't like it here, I don't feel safe," he said as he was getting the dustpan and brush.
- "I know, but there's nothing I can do about it."

"Dinner's ready" mum yelled. I hurried downstairs and Max followed. We sat at the table and ate in silence. Mother had a guilty look on her face. I don't know why, but my suspicions were high. I can't sleep know matter what I do. I'm worried about Max and about my mother.

- "Briar Briar!"
- "Max what are you doing up?"
- "Mother's not in her bed" said Max.



More Des Hunt inspired writing to follow next week.

At the other end of the school - the Year 1 students have written some dictated sentences using the sounds they are learning.



#### 1925 - Did you know?

### Queen Mary Hospital

This hospital receives the following classes of case:-

- 1. Functional affections of the Nervous System.
- 2. Convalescents after acute Medical and Surgical Illnesses.

Entry to the hot pools cost 6 pence & threepence for kids. Hospital charge for ordinary Patients:

3 pound 3 shillings per week

A massage cost:

5 shillings to 10and 6 per treatment Tennis was very popular with Hanmer having both a grass court (6 pence) and an artificial one (4 pence per set). It cost threepence to hire a raquet.

Other advertised attractions were

#### Good duck shooting, deer stalking and trout fishing

Strangely enough there seems to be no mention of what to do with your devices!



# Project restores biodiversity values along Waipara River

Teamwork between Hurunui District Council and Environment Canterbury (ECan) is restoring biodiversity values along the Waipara River.

At this month's Hurunui District Council Strategy and Community Committee meeting, ECan Zone Manager Andrew Arps said 47 hectares of woody weed, such as willow and other exotic trees, are in the process of being removed from the Waipara River following the aerial spraying of the trees in February.

Hurunui District Mayor Marie Black said the visual impact of the clearance of the fallen trees in the fairway was already generating positive feedback from residents travelling on State Highway 1.

The project was initiated after the two Councils got together following community concerns. Funding had taken three years to secure, said Arps. The programme is being funded by Braided River Revival — Whakahaumanu Ngā Awa ā Pākihi.

Hurunui District Council's Water and Land coordinator Rima Herber has been assisting ECan's river engineers ahead of the willow control work, organising three field trips with ECan staff to assess the unique challenges in the river. These include the extent of the willow invasion, the amount of gravel build-up and the large, permanent islands that the trees have created in the fairway of the river.

"At the bridge on Double Corner Road, mature willows had established right across the river, leaving gaps of only a few metres between each tree. There had been a large build-up of gravel in this area, due to the willows preventing the flow of gravel downstream in high-water events. This site, particularly, showed the extent of the problem willows were causing in the river," Herber said.

Arps said the project's aim is to restore a more natural braiding pattern for the Waipara River and Weka Creek to reduce flood and erosion risk, and to improve habitat for native flora and fauna.

#### Waiau Salmon Hatchery Farm Technician

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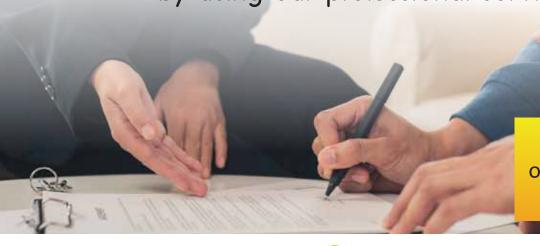
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# On tour with Richard

# Some Things Change And Others Stay The Same

While we in Hanmer Springs were able to get our jabs and toss away our masks, and say goodbye to Covid, things have not been so easy in Vietnam. I arrived in Hoi An, my second home town, on Saturday and have since done a tour of the Old City and surrounds and was really saddened to see the number of shops and restaurants which are now behind shutters or morphed into something else. Walking down the main streets, Nguyen Thai Hoc and Tran Phu and there are hardly any tourists. Shops seem to be open in hope rather than doing a brisk trade. I went to my favourite cafe where I used to have to bribe the staff to get a table (I must try that at the Powerhouse on Sunday). They were so good to me there that when I left four years ago, I put \$100 in the tip jar.

"I shall never forget you and your kindness," the chief barista told me. Of twelve staff she was the only one left because she had married the boss's son, but she didn't remember me and now there is no need greasing palms as most mornings I have the place to myself.

The Bum shop has gone and before you make any wisecracks about it going arse up, I never did find out what they sold.

My favourite restaurants – one and two – are both open and thriving – great Vietnamese food – its the burger bars and pizza palaces that have been hit hardest. The lady who owned another of my favourite restaurants had been a friend for years. I asked a 'Xe Om' (motorbike taxi) who was parked outside the address. (Xe Om literally means 'hug the rider'.) "Gone," he said, "Long time gone." "And Madam Huong?" "Dead," he said. "Covid get her long time ago."

And she had promised to wait for me. I had a special memory of Huong because she had once sat me down in the corner of her establishment in my underwear while she mended an embarrassing rip in my trousers.

Vietnam was once among the cheapest tourist destinations but nobody had told the retailers in Dong Khoi (the main shopping street in Saigon). I popped into a shop where I had once (for less than ten bucks apiece) had some shirts made. I thought I might just get a couple more since the display in the window looked very up-to-date Italian. The girl gave me the once over with a look that suggested I might have come to the wrong place. I had to give her the name of my hotel before she would deign to measure me up, which she did with the utmost distaste

even though I was fresh out of the shower. It would be \$US360 for the three shirts, she said, and a fifty dollar surcharge if I wanted them tomorrow, as though expecting a reaction from me. She got it, although I reminded myself I had been in trouble before for being impolite.

It is really quite a sad state of affairs in Hoi An and if it were not enough to have suffered Covid, the government has now made it that tourists can only stay a maximum of 30 days, which is really hurting the tourist places.

As much as some things change, other stay the same. The 'Head Washing and Foot Chop' shop is still there. The Australian-run Three-Headed Dragon sports bar is still there, and I was greeted with hugs from all the girls. I was about an hour too late to catch the Crusaders game (I brought my Jersey in order to get up the Aussie's noses), and it was back to pain-in-the-arse Melbourne punters who seem to thrive on AFL repeats. So tedious, as are their singlets and hairy armpits. The Bear Garden has closed down but the Bier Garden and the Bare Shop are still hanging in.

My motor bike had not endured the four year hiatus but the hosts at my hotel were very proud to point out that they still had my helmet and would lend me a bike if I promised to be careful. It looks suspiciously like the one I left behind.

The thing that it very noticeable is that all of the expatriate community – mainly Australians – were kicked out during Covid and very few of the several thousand of them have returned, but I am not bitching about that. Their main hang-outs have gone, like The Dingo Deli (Canadian owned), and the Dead Dingo's Dong Sports Bar is now a lingerie shop. And the O'Reilly Sports Bar where I once witnessed an all-in brawl during an Aussie league State of Origin match is deserted and the swimming pool is full of rubbish.

All of this has its advantages as it greatly increases one's bargaining power and as all the locals tell me there are quite a big lot of people coming tomorrow. Oh, and my apologies to the Korean man I knocked off his bicycle. I don't know what he said but I don't think it was complimentary .

(From Richard in Vietnam)



Prawn Egg Foo Yung
There's a different version of Guangdong's famous egg foo yung in every country it's spread to, and that's a lot. This Japanese "ebitama" version is with fluffy, pillowy egg and sweet-sour savoury gravy

#### Ingredients

200g raw, peeled prawns

6 eggs

¼ tsp salt, plus extra to season

a good pinch of white pepper

3 tbsp peanut oil

3 thin spring onions, finely sliced

#### Sauce

150ml chicken stock or water

1 tbsp soy sauce

1 tbsp oyster sauce

1 tbsp rice vinegar

2 tbsp sugar

1½ tsp cornflour, mixed with 2 tbsp cold water

#### Method

- 1. Butterfly the prawns by cutting backs almost completely through and flattening the bodies with the flat of your knife. In a small bowl, beat the eggs with the salt and white pepper and set aside.
- 2. To make the sauce, combine the stock, soy sauce, oyster sauce, vinegar and sugar in a small saucepan and bring to a simmer, stirring to dissolve the sugar. Add the cornflour mixture in a thin stream, stirring vigorously, until the sauce thickens to a silky consistency. Keep the sauce warm while you prepare the eggs.
- 3. Heat the wok over medium heat and add the oil around the edges. Add the prawns to the wok with a good pinch of salt. Toss the prawns for about two minutes until just cooked through. Pour the beaten egg around the edges of the wok and allow it to run to the centre. Immediately draw your wok tool or spatula a few times through the egg to form soft folds, like scrambled egg. Turn the egg and prawns out from the wok while the egg is still quite runny (it will continue to set off the heat) and pour over the sauce. Scatter with the sliced spring onions and serve immediately.

As the old saying goes, 'if you have an egg you have a meal'

#### Darts is under way – so how do I step up my tungsten talent?

If you've been bitten by the Winter darts bug, it's time to take your throw to the next level. The key to throwing well is consistency. Everyone throws with different styles and different grips, but your throw should always be comfortable and consistent. Try a variety of throwing styles before deciding on the one that suits you best, then practice and practice until your individual throwing action becomes second nature. Here's some tips:

#### **Minimize Your Movement**

Only the throwing arm moves when you throw a dart. Don't be influenced by other people who may be moving all parts of their body – they may have developed that peculiar style all on their own!

#### **Perfect Your Stance**

One of the most important things is for the body to remain still during the release. Only the forearm, upper arm, and wrist should move to ensure that the dart follows the most accurate path. A proper stance has a shoulder that remains still. After you have aimed your dart, any additional movements from the upper body changes your position and will change the flight path.

You don't need to get hung up on all the different stances, just figure out which one works best for you and stick to it. It's all about consistency.

#### **Perfect The Follow Through**

Think of your dart throw as having three stages:

- 1 The initial position where the elbow is bent, and the forearm is at right angles to the upper arm. The dart should be tipped upwards, so the point is slightly tilted.
- 2 The drawback phase where the forearm swings back in preparation for the throw (not too fast and not too far).
- 3 The extension of the arm and release of the dart. The trick to a perfect follow-through lies in the snap of the wrist at the end of the extension which applies a boost of speed and gives more stability. At the very end of the motion make sure that your fingers are pointing down.

#### **Explore Shaft Lengths and Flights**

By experimenting with shaft and flight combos, you can fine-tune your darts to improve performance. Dart flights provide stabilisation – large flights give a more controlled throw, smaller flights offer faster throws. In the same way, the length of the shaft can change stability and speed. Different shaft/flight combos can also help to pinpoint and reduce bounce-outs and off-target throws.

#### It's a Mind Game

Darts is as much a mind game as a game of skill. This is often ignored by newcomers and veterans alike. To improve your game, you will need to improve your concentration, focus, and confidence.

Now that you're all schooled up – LETS PLAY DARTS!!!



Il	11	V	F

- Netball Club Day @ DomainMovie Night @ Remnant House
- 23 Hanmer Springs Film Club showing Burke & Hare

#### JULY

- 7 Five Stags School Holiday Movie 4pm
- 13 Canterbury Junior Open Golf
- 15 Movie Night @ Remnant House
- 21 Hanmer Springs Film Club The Boat that Rocked
- 22 George Erceg Memorial Men's Golf Olive Long Memorial Ladies Golf

#### **AUGUST**

- 18 Hanmer Springs Film Club Golf Club 6.40pm
- 19 Movie Night @ Remnant House
- 26 Scotty Anderson Memorial Men's Golf Iessie Sutherland Memorial Ladies Golf

#### **SEPTEMBER**

- 3 Fathers Day @ Remnant House
- 15 Hanmer Springs Film Club Golf Club 6.40pm
- 18 Movie Night @ Remnant House
- 30 Saxophone Weekend Workshop with Lana Law

## Local Music @ The Five Stags

Tuesday evening brought us an eclectic mix of tight jazz standards, soulful ballads and modern popular songs presented to a very enthusiastic audience.

Graeme Scrivener on Saxophone provided the instrumental lead which perfectly complemented the delightfully warm, alto vocals of Janet Walmsley. Supported by very nice backing tracks, which Graeme has obviously spent a long time perfecting, it showed us once again that you don't need to travel to find really good stuff. It's always found in the margins and not in the mainstream. Thanks guys for a great show!

A big thumbs up to the Five Stags – service was top notch, with a good selection of well-presented, tasty meals, which included gluten free options. It's great to have evening entertainment happening in the Village.

#### **OCTOBER**

- 3 Christchurch Youth Jazz Orchestra @12 noon Concert on the Green. Memorial Hall if wet.
- 6-8 Mens 54 Hole Golf Tournament
- 13 Hanmer Springs Film Club Golf Club 6.40pm
- 26-29 Hurunui Garden Festival
- 27 Hanmer Springs Fete

#### **NOVEMBER**

5 Shootout Golf Final

#### **DECEMBER**

- 2 Alpine Marathon
- 16 Christmas Hamper Golf Tournament

Please let us know if you have any events running between now and the end of the year as this calendar is frequently consulted hsvillagenews@xtra.co.nz

# DARTS RESULTS

#### **Board 1**

Scottish Terriers vs The Full Donty Winner The Full Donty 7 – 6

#### Board 2

HMS vs Darty Deeds Winner HMS 7 - 6

#### **Board 3**

4 S vs Woodbank Darters

Winner Woodbank darters 7 – 3

#### Board 4

Wannabe's vs Oche Bandets Winner Oche Bandets 10 – 3

#### **Board 5**

Armed & Hammered vs Ton up Pirates

Winner Armed & Hammered 6 – 6 (won more games)

#### **Board 6**

Guvners had a bye Winner 10-0

**Top Men's score** Jason / Stewart = 140

Top Lady's score

Rae 119



# Community Notices

#### **Hurunui District Councillors**

Please feel free to contact us, as your closest representatives

**Tom Davies**, Hanmer Springs 027 600 7779 tom.davies@hurunui.govt.nz

#### **Dave Hislop**

027 443 6909 dave.hislop@hurunui.govt.nz

Ross Barnes, Mount Lyford 03 315 6583 ross.barnes@hurunui.govt.nz

Karen Armstrong, Waikari 03 314 4042 or 0274 383 464 karen.armstrong@hurunui.govt.nz

#### HANMER SPRINGS BRIDGE CLUB

Results 02/06/2023 North / South — C & G Scrivener East / West — G Baldwin & R Hothersall



# GOLF RESULTS

Saturday 3rd June

#### **Ladies Net Medal**

1st Michelle Amos 74 net 2nd Joanne Gallichan 74 3rd Penny Muff 75

#### Men Net Medal

1st Colin Hight 66 net 2nd David Amos 67 3rd Scott Callaway 68 4th Craig Meaclem 70 5th Ben Williams 71 6th Howard Chellew 71 7th Richard Campbell 71 72 8th Murray Pool 9th Barry Toomey 73 Not struck

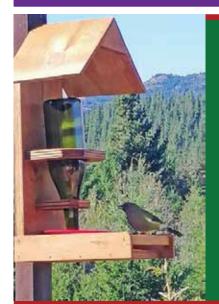


#### **Twos**

David Amos Carolyn Williams **Bruce Mitchell** Sam Gavin **Barry Toomey** Colin Hight NTP Matt Crake **Net Eagles** Dean Pollock **Jackpot Two** 

#### JPs in Hanmer Springs

**Alice Stielow** 021 317 001 Jov Wilson 027 220 2511 Rod Ell 315 7222 or 027 437 2464 **Jonathan Gardiner** 315 7925 or 027 685 9276 **Ann Toomey** 03 384 2564 or 021 155 7622



#### Bird Feeders

As produced by Hanmer Springs Mens' Shed \$40

Available from Mens Shed or call Neil Whitaker 0220 704853



## The Hanmer Springs Big Band

Originally formed as a brass band as the above historic photo shows, the Hanmer Springs Big Band (aka the Notables) has a very long history, and occupies a special place in the hearts of many. Over the years, under the musical direction of gifted Musical Directors, it has evolved, changing instrumentation and repertoire to keep up with social trends. The current Musical Director is Marguerite Clubb, who is introducing a brand new selection of exciting Big Band Charts thanks to a generous grant from the Amuri Community Arts Council. The community will be able to enjoy this new repertoire for many years to come.

New players always welcome.

#### **CLASSES & FITNESS, CLUBS & MUSIC**

#### HANMER SINGS Adults Choir

Come and raise the roof with us! We are a super–friendly and welcoming bunch who simply love singing. We sing a wide variety of songs (always open to requests!) while learning harmonies and singing techniques.

Hanmer Sings is FREE! The more the merrier! Donations are optional.

Tuesday nights 7pm-8.30pm @ the School

#### **FILM CLUB**

Venue: The Golf Club Rooms Next movie: Burke & Hare – British black comedy loosely based on the murders of 1828

Friday 23 June @ 6.40pm \$18 – Cash only no EFT POS

Hot food, soft drinks & snacks available Contact: hanmermusicandarts@gmail.com

#### **TUESDAY WALKERS**

Tuesday morn walks in local forest area. Approx 1.5 – 2 hours. Meet 9.45am at Jollies Pass Rd Forest Entry Car Park (by old DoC house). More info Anne 021 277 7515 or Julian 021 148 2811

#### HANMER SPRINGS TENNIS CLUB

During season twilight tennis plus kid's coaching.

Contacts:

Olivia Reid 021 548 776 (adults) Sarah Currie 021 082 64557 (kids)

#### **PILATES**

Pilates classes @ 12 Amuri Ave

Monday 5.30pm

Thursday 8.45am and 10am

Corrie 021 045 7666 Wendy 027 243 2123

#### TRAMPING GROUP

Day tramps in local mountains and surrounding areas. Every Wednesday.

For more information contact: Janet 021 103 4303 Mt Isobel Tramping Group

#### HANMER SPRINGS COMMUNITY GYM

For use by members. Located downstairs @ Sports Pavilion. Machines for Cardio & Weight exercise. Membership enquiries phone Shane Adcock 021 921 109

#### **LINE DANCING**

Memorial Hall Monday 1pm Contact Penny 027 2408 321 Cost: Donation

#### HANMER SPRINGS BRIDGE CLUB

Thursdays at the Anglican Church Hall @ 7.15pm Call Joy 027 220 2511

#### **AQUACIZE**

Thermal Pools Entrance Monday Mornings 10am Informal group. Will need aqua stick. For more information contact: Linda 021 223 8188

#### HANMER SPRINGS BIG BAND

Monday 7pm @ the School (during Term) New members always welcome. You will need to read music or have a good ear. Contact Marguerite 021 125 4062 Cost: FREE

#### **MORRIS DANCING**

Lots of laughs with some added exertion. Dancers and musicians welcome.

Sundays 7pm onwards Contact John 021 395 022

Listings on these pages are FREE and are the responsibility of those listed to keep up-to-date.

#### HANMER SPRINGS LIONS CLUB

Dinner meetings every 2nd Thursday of the month at Five Stags at 6.30pm. All welcome. To join or for more information contact: Boio Sarahu–Hothersall at hanmerspringslionsclub@gmail.com

## COMBINED PROBUS CLUB HANMER SPRINGS

Meetings first Tuesday each month. Fun and Fellowship for the more mature.
To join or for more information contact:
Carolyn Hall 027 360 9001
Dennis Hall 021 294 1541

#### **FACILITIES, VENUES & CHURCHES**

#### HANMER SPRINGS GOLF CLUB

Available for hire for functions, weddings, Funerals etc. Fully equipped kitchen. Spacious, warm, carpeted room. Bar facilities. Phone 315 7110

#### HANMER SPRINGS SPORTS PAVILION

Available for sports groups, weddings, functions etc. Fully equipped kitchen. Large carpeted function room, changing rooms, showers. Contact: The Hurunui District Council, Nicola on 03 314 8816

#### **ANGLICAN CHURCH HALL**

Available for hire for Community Groups, Meetings, worship, retreats etc.

Contact:

Shirley Whitaker 0274 161 415

#### **REMNANT CHURCH NZ**

Sunday 10am. All welcome. 108 Rippingale Road. A Four Square Church 021 076 7236

#### HANMER CHURCH OF THE EPIPHANY

31 Jollies Pass Road – Sundays 10am 1st and 3rd Sunday – Morning Worship 2nd and 4th Sunday – Communion Tea & coffee after Sunday Service Contact Jonathan Gardiner (Warden) 315 7925 or 0276 859 276

# CATHOLIC PARISH OF THE GOOD SHEPHERD, HURUNUI

St Roch's Church 27 Amuri Ave.
Mass 5pm each Saturday.
Culverden Church Mass 6.30pm first
Sunday of each month & 2nd and 3rd
Saturday of each month.

# Know your Plastic Codes as In Hurunui 1, 2 and 5 ONLY can be Recycled

Symbol	Acronym	Full name and uses
	PET	Polyethylene terephthalate - Fizzy drink bottles and frozen ready meal packages.
23	HDPE	High-density polyethylene - Milk and washing-up liquid bottles
<b></b>	PVC	Polyvinyl chloride - Food trays, cling film, bottles for squash, mineral water and shampoo.
	LDPE	Low density polyethylene - Carrier bags and bin liners.
253	PP	Polypropylene - Margarine tubs, microwave- able meal trays.
	PS	Polystyrene - Yoghurt pots, foam meat or fish trays, hamburger boxes and egg cartons, vending cups, plastic cutlery, protective packaging for electronic goods and toys.
	Other	Any other plastics that do not fall into any of the above categories. For example melamine, often used in plastic plates and cups.



HANMER SPRINGS TRANSFER STATION 637 Hanmer Springs Road

Tuesday: 10am to 2.00pmWednesday: 10am to 2.00pm

Friday: 10am to 2.00pmSunday: 10am to 2.00pm

Out of hours recycling facilities for paper, card, cans, plastics types 1, 2 & 5 only and glass bottles are provided; please ensure recycling is clean, loose and all lids are removed. Soft plastics (i.e. those you can scrunch in your hand) are not recyclable and must be placed in the refuse.

Kerbside refuse and recycling collection - Monday 8am

Only official refuse and recycling bags will be collected; these can be purchased from Hanmer Springs Service Station and the library.

Via the recycling bags, clean paper, card, cans and plastics types 1, 2 & 5 only can be recycled. If in doubt – place it in the refuse to save contaminating recycling.

Non-complying bags and recycling bags containing glass and soft plastics will not be collected.

Please Note that HDC garbage & recycling bags are no longer available from the Four Square supermarket . Henceforth, bags will only be available from Hanmer Springs Service Station, the library , The Log Cabin and Super Liquor

# Have you been to the Film Club movies yet?



Next showing – **Friday 23 June** – a quirky, black comedy set in Edinburgh in 1828. **6.40pm** @ **The Golf Club** 

Why not get together with a bunch of mates for this big screen comedy night out. Hot snacks available plus tea, coffee, a range of Iollies and soft drinks. Sorry, no booze –

but it doesn't go on too late, so there's plenty of time to pop down to the pub afterwards for a drink and a chat about the film.

We'd love your support for this local non-profit initiative so we can raise enough money to show school holiday films for FREE.











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